



# THE NETPICKS INFORMER

*Savvy strategies for profitable traders.*



## LETTER FROM THE DEVELOPER

Hello again. By the time you read this we'll probably be about midway through the summer. Amazing how quickly it goes right?

There are a few things I've learned over the years of trading and riding the highs and lows of our chosen profession. That is to always ensure that you take some breaks. Go on vacation. Take a day (or two) away from the markets and let yourself recharge. Don't worry, the market is waiting for you and will be back when you return.

Then, my suggestion is, never go back through and see what you may have missed. You don't want to torture yourself over what coulda, shoulda, mighta been. Forget about it. You deserve to take the break and

can always take advantage of the swings in all the markets – whether they go up without pause, or panic sets in. Volatility is great opportunity for us.

And, that brings me to two very special announcements that will enable all of us to profit from whatever happens next around the globe. In July we're releasing a brand new product that is going to focus exclusively for the first time on options trading (and stock as well.) Options trading has so much opportunity, controlled risk, the use of leverage to power up your portfolio and almost continual potential trade opportunities. For the first time we'll be focusing on these markets exclusively and one of our top Trading Coaches, Mike Rykse will be showing you the way.

Then we're set up for perhaps the most powerful product we've ever released for forex, futures and stock traders alike. August always tends to bring something very exciting from NetPicks and we're releasing a brand new trading strategy and course. It is going to push the bar forward to new levels for us and we simply cannot wait to unleash it. It literally has been in development since we started way back in 1996 and is a culmination of 15 years of effort working the markets. Just you wait. It won't be long now.

Exciting times? Absolutely. We cannot wait for what comes next. Have a great summer!

Mark Soberman

**“...the most powerful product we've ever released for forex, futures and stock traders alike... it is going to push the bar forward to new levels... ”**

it's never been the mark of a great trader to be someone who catches every trade and every move.

Besides, we're all living during a time of great turmoil. Economically it has been quite an adventure and at the time I'm writing this there is real fear of a “double-dip” recession globally. There certainly are dark clouds looming here and now. Hopefully by the time you read this it has started to clear up. However, at NetPicks we never really worry about what comes next. We know that we

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## GETTING TO KNOW US - TROY "TJ" NOONAN



My name is Troy "TJ" Noonan and I'm a trader and trade coach for NetPicks.com. I've been trading since the early 90's when I used to wait for my paper charts to arrive each day in the mail. In those days, \$50 commissions were considered low. I had some early success, backpacked my way through Europe with my winnings, and wound up meeting my wife of 15 years as a result.

Today, I'm happy to say, I work for this great company called NetPicks. I came in as a customer and learned a ton from them. In fact, it was a humbling experience because I thought I already knew so much, but one thing that happened was that I kept coming face to face with a lot of the same questions. In the long run facing those questions helped me grow and I was fortunate enough to one day be invited into the NetPicks family of traders. Now, I not only get to trade for a living, but I also develop and analyze trade systems, I coach other traders and I host a live trade room where I call live trades out loud, in

advance, for my members to act upon, each and every day.

It's a big responsibility calling live trades, day after day. Other people's livelihoods rely on my ability to consistently call reliable winning trades. I'm proud to say that out of the thousands of trades I have called live, I've been able to amass a winning track record on just about every market and chart I have called trades from. But that's not by coincidence. It's due to all that I have learned from NetPicks.

NetPicks has been around for over 15 years and is one of the original internet trade education companies. Being part of this experienced team is invigorating. We work tirelessly to provide products, web seminars, trading strategies, signal services and immediate, real-time support that will allow our customers to grow and succeed in their trading career.

## WINNING STRATEGY FOR FUTURES DAY TRADERS *by Ron Weiland*

We all want to win and be successful traders. Why is it that so many of us fail? What is the difference between the traders that succeed and those that don't?

There is no one answer, but a number of elements that work against us as traders. Some of them are:

1. **Emotions:** Failure to learn to control emotion when faced with losses, gains, luck and indecision, which leads to poor decision making.
2. **Timing:** Market timing is a factor you must master to become a successful trader. This is where the majority of traders fall by the wayside.
3. **Capital:** Under capitalization or external pressure to make money. In this do or die situation traders will often feel that the market must produce 'regular' and 'consistent' profits for them or they'll be put into a financial bind.

This introduces trade psychology issues and sets a trader up for failure.

4. **Seeking the Golden System:** Failure to stick to one system. Most traders typically take a few losses and then they start trying to change things, tweak things, and then ultimately find something else. They jump from one system to the next without ever really learning the system's rules and methodology. They think they can find a no-fail trading system right

away, before they give the system a real trial. The problem with this is there are no "no-fail" trade systems and unless you truly learn the system you'll never find success.

Now, how many of these have wreaked havoc in your trading? Personally, I'm probably guilty of making all of these mistakes at one point or another. So, let's focus on how to avoid these and come up with a plan and strategy to help you develop into a successful Futures Day Trader.

I'm focusing on Futures as this is where I spend most of my time trading. You may have heard some of this before, but this time it will sink in. Go ahead, tell yourself. This time I will apply what I hear and learn. Ok, now that you are ready to absorb, I'm ready to teach.

First and foremost, pick a market that you like or are familiar with. Keep in mind it should be one that suits your trade style. You need to make sure you have enough capital to trade that market as well. For example, if you have a \$5,000 account you don't want to start trading the ES or Oil since they are beyond 2% risk per trade on that size of an account. The NQ or Dow has smaller risk per point, so you and your account can handle a few losses without putting you on that emotional roller coaster.

Now that you have picked a market, you create a plan. If you don't want to create a plan from scratch, there are several resources through NetPicks to help you. You can request one from our traders/coaches, ask for additional help from a coach, or follow along in the Trade Rooms to develop your own plan based on what is traded in the room.



You will need to test this tradeplan yourself, but some of the work can be eliminated if you choose to go with something you know works for others. It's best to backtest the plan for at least 6 months. This will give you anticipated results, so you know what to expect when you start to trade. It is important to know, how many wins and losses in a row your market usually gives you, so that you can be prepared mentally and emotionally to trade it.

Next, learn how to manage your trades on the platform you will be trading live. This way you can make certain tweaks, such as perfecting your trailing stop. Remember, trade your plan, and don't deviate from it. If you can execute 25 trades in a row with no errors then you are ready to trade live.

Notice I said 25 trades with no errors, I didn't say 25 trades without losses. You will have losses. They are a part of trading. Expect them and get used to them. This will build your confidence, strengthen your emotions and show you that the system you have works. You can see from these 3 steps, I have covered all of the issues above.

Finally, it is time to trade the plan in the live market. This will give you the feel of the market. You'll see how fast it moves and how it responds to news.

Now, you will make mistakes, but don't let them stop you. Learn from each one. Journal after each trade and then look at your results and emotions as you were trading. Did you skip a trade because you did not feel good about it or that you

expected the market to go the other way? You can skip a trade if it falls into the parameters of a filter in your trade plan, but if it doesn't you know moving forward that is an issue you'll need to work on. If you find yourself making too many mistakes, then stop trading and reevaluate what you are doing wrong and why. Talk to a coach or mentor. Everyone has been where you are now and the coaches at NetPicks are here to help make you successful.

In a nutshell, what are the keys to becoming a successful Futures Day Trader or really any Day Trader? Take these steps to heart and you will be a better trader!

1. Have a plan, backtest the market and then practice till you have it down cold.
2. Use that plan and backtest data to help get your emotions and psyche under control. If you know what to expect from your testing, the actual trading will be easy and much less emotional.
3. Keep your risk low and don't use too much margin. This will keep you in the game. You'll be able to take the next trade after a few losses to come back positive or at least close to it.
4. Test the system and know the win percentage. Prove to yourself that it works before risking a dime.
5. Finally, share your success and lessons with others. Give back to others, success breeds success!

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## EXTRA EXTRA READ ALL ABOUT IT!

It's time to collect! In every issue we'll feature a powerful and informative freebie just for you. It may be a video, an ebook, a report, a webinar recording, a featured podcast, or some tool you can't live without. Whatever it is, rest assured that it will focus on improving your trading career.

What's in store for you this month?

It's our stellar Capital Growth Application.

Just plug in your numbers and this app will automatically compute the exact calculations that will tell you your:

- Recommended risk per trade based on your trade account size & market/time interval you trade
- Scientific quarterly breakdown of your account growth so you can track your progress, making adjustment where needed
- The all-important Net Income totals which give you the real truth on where you stand with your trading

- And lastly, when & how much you can afford to WITHDRAW from your trading account (aka: your road to becoming a full-time trader)

Consider Yourself A Successful Trader, Just Because You Win More Than You Lose? Think Again!

There's so much more that goes into it than more wins than losses: slippage, commissions, overhead expenses - not to mention, good old risk management.

Without taking all this into account, how can you really know how much you're coming out ahead, in the end? That is, IF you're coming out ahead at all.

Grab the application today to make sure you're on the road to becoming a successful trader:

<http://www.highvelocitymarketmaster.com/capitalgrowth/>





**NETPICKS**  
Trading Strategies Since 1996

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## TITLE OF ARTICLE ? *by Mike Rykse*

One of the features of a NetPicks product webinar is the asking of several poll questions. One of the questions asked of the attendees each time is how much money have they spent on different trading systems. It always amazes me how much money we all have spent trying to find that perfect system that will make us money. The problem that you can run into with many of these systems is their lack of flexibility. Most systems are customized to a specific market or time frame. While these systems might work for a short period of time, you are bound to run into issues as market conditions change. This is why it is so important to find a system that will adapt to numerous different markets and time frames.

The NetPicks systems have been designed to do just that. If you are a regular follower of the financial markets you know that trading conditions have been all over the map in 2010. We have seen everything from very slow markets to historic one day declines and everything in between. Having a system that will adapt to these changes is a must if you want to be successful long term.

Take the NetPicks High Velocity Market Master (HVMM) system for example. I have personally traded markets with vastly different characteristics over the past few months with the same system. This includes markets like swing trading Apple stock options to day trading crude oil. I work with members that trade markets such as currencies or even the German Dax Futures with this same system. We are able to do this is because we are using a system that will adapt to both different markets and changing market conditions.

Going back a number of months, I was trading the treasury futures on a daily basis with the HVMM. While I experienced great returns for an extended stretch, the volatility in those markets began to evaporate. This could have been a big issue for me had I been trading a system customized to those markets. However, the HVMM allowed me to transition very quickly to different markets that were showing good volatility. As a full-time trader I have to make sure I'm trading markets that are

moving consistently. Using a system that can allow me to maneuver through different markets is invaluable.

Most systems are designed to work well in certain conditions or on certain markets. In today's markets this will not produce consistent results. When evaluating a trading system to see if it will set you up for success you need to ask the following questions:

- Does the system work on more than one market? Markets will change and you need to make sure your system gives you the ability to make a smooth transition to a new market.
- Does this system work across different market conditions? Take the time to do an extended back test of trades on the markets you are interested in to make sure the system will work in the midst of different market environments.
- Does the system provide very detailed trade parameters? The system needs to have clear entry and exit points. Otherwise discretion and emotions will come into play and the consistent results you are looking for become harder to attain.
- Are you able to adjust the system settings? Having a system that you can adjust to fit your trading style is very important.

The last bullet point is often overlooked and misunderstood. Every trader is going to have a different approach to trading. Using a system designed with specific settings by someone else may not fit your given style. Having a system that allows you to adjust trade profiles or entry and exit points will allow you to customize the system to your trading style and risk tolerance. Not to mention, it will allow you to customize these settings to a wide array of different markets.

I'm not talking about over optimizing system settings here. We are not looking to change the system settings on a daily or even weekly basis. You will want to use the flexibility of the system to set yourself up with markets and time frames that are tried and true. Once you have this setup you will be able to trade confidently, knowing your system will be designed for long term results.

